

The Lilt

Choreographer: **Darren Bailey**

Suggested Music: **Travis Tritt: Burnin' Love or any good East Coast swing!**

Type: **4 wall**

Level: **Beginner**

Right Chasse, Rock back, Left Chasse, Rock back.

- 1 & 2 Step Rf to Rside &, close Lf next to Rf, Step Rf to R side
- 3 - 4 Rock back onto Lf, recover onto RF
- 5 & 6 Step Lf to L side &, close Rf next to Lf, Step Lf to L side
- 7 - 8 Rock Back onto Rf, recover onto Lf

Kick, Kick, Coaster Step, Kick, Kick, Coaster Step.

- 1 - 2 Kick Rf forward, Kick Rf to R side
- 3 & 4 Step back on Rf &, close Lf next to Rf, step forward on Rf
- 5 - 6 Kick Lf forward, Kick Lf to L side
- 7 & 8 Step back on Lf &, close Rf next to Lf, Step forward on Lf

Shuffle forward, Step, Pivot 1/2 turn, Shuffle forward, Step, 1/2 turn.

- 1 & 2 Step forward on Rf &, close Lf next to Rf, step forward on Rf
- 3 - 4 Step forward on Lf, make a ½ pivot turn R (weight ends on Rf)
- 5 & 6 Step forward on Lf &, close Rf next to Lf, Step forward on Lf
- 7 - 8 Step forward on Rf, make a ½ pivot turn L (weight ends on Lf)

Heel Grind, Coaster Step, Shuffle forward, Walk forward.

- 1 - 2 Touch R heel forward, twist on heel of Rf and ball of Lf making a ¼ turn R
- 3 & 4 Step back on Rf &, close Lf next to Rf, step forward on Rf
- 5 & 6 Step forward on Lf &, close Rf next to Lf, step forward on Lf
- 7 - 8 Step forward on Rf, step forward on Lf (can also end with full turn L)

Enjoy dancing!!!