

Heartbreak Bottles

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Shane McKeever (N.IRE) - August 2024

Music: Bulletproof (feat. Avril Lavigne) - Nate Smith



Restart on Wall 3 after 24 counts

Intro: 16 Counts, 12 secs approx.. on the lyrics

[1 – 8] Step Forward, Chase ½ Turn, ¼ Turn, Weave, Cross Rock, Recover, ¼ Turn Step Forward

- 1-2& Step R forward (1), Step L Forward (2), ½ Turn R transferring weight to R 6:00
3-4& Step L forward (3), Step R forward (4), ¼ Turn L transferring weight to L 3:00
5&6& Cross R over L (5), Step L to L side (&), Cross R behind L (6), Step L to L side (&) 3:00
7-8& Cross Rock R over L (7), Recover on to L (8), ¼ Turn R stepping R forward (&) 6:00

[9 – 16] ¼ Turn Side Step, Back Rock, ¼ Turn Side Step, Back Rock, Step Side with Sweep, Behind, Side, Cross, Curving ¾ Runaround

- 1-2& ¼ Turn R as you step L to L side (1), Rock R behind L (2), Recover on to L (&) 9.00
3-4& ¼ Turn L as you step R to R side (3), Rock L behind R (4), Recover on to R (&) 6:00
5-6& Step L to L side sweeping R from Front to back (5), Cross R behind L (6), Step L to L side 6:00
7-8& Cross R over L (7), ¼ Turn L stepping L forward (8), ¼ Turn L stepping R forward (&) 12:00

[17 – 24] Step forward with Sweep x2, Step Forward with Hitch, Cross, Side, Cross Behind with Sweep x2, Cross Behind with Hitch, Cross Behind, Side

- 1-2 ¼ Turn L stepping L forward sweeping R from back to front (1), Step R forward sweeping L from back to front (2) 9:00
3-4& Step L forward Hitching R knee from back to front (3), Cross R over L (4), Step L to L side 9:00
5-6 Cross R behind L sweeping L from front to back (5), Cross L behind R sweeping R front front to back (6) 9:00
7-8& Cross R behind L Hitching L from front to back (7), Cross L behind R (8), Step R to R side 9:00
Note: To restart the dance on wall 3, Cross L behind R on count 8 then make 1/4 R stepping R forward to start the dance again.

[25 – 32] Cross Rock, Side Rock, Behind, Side, Cross, Syncopated Scissor Step, Hinge Turn, Full Turn

- 1&2& Cross Rock L over R (1), Recover on to R (&), Rock L to L side (2), Recover on to R (&) 9:00
3&4 Cross L behind R (3), Step R to R side (&), Cross L over R (4) 9:00
&5-6 Step R to R side (&) Step L next to R (5), Cross R over L (6) 9:00
7-8& Step L to L side hinge turning ½ R (7), ¼ Turn R stepping R forward (8), ½ Turn R stepping back on L (&) Make ½ turn R stepping forward on R to start again. 12:00

Begin Again!

Last Update: 7 Oct 2024