

Constant Love

Choreographers:

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Type of dance: 2 wall advanced AB nightclub. A: 32 counts, B: 16 counts
 Music: **Constant** by Maverick City Music feat. Jordin Sparks etc. BPM: 64. Track length: 4.52 mins
 Intro: Start after 8 counts. App. 7 sec. into track. **Start with weight on R foot**
 Sequence: A, A, B, A, A, B, A, A, B, A, A with Ending

A Part: 32 counts, 2 walls. Starts facing 12:00 and 6:00

Counts	Footwork	End facing
1 – 8	L fwd, step turn turn, ¼ L, cross side, 1/8 R back rock, sway X2, full turn L, fwd L	
1	Step L fwd (1) ... <i>Styling: when stepping L fwd do an arabesque lifting R leg backwards</i>	12:00
2&3&	Step R fwd (2), turn ½ L stepping L fwd (&), turn ½ L stepping back on R (3), turn ¼ L stepping L to L side (&)	9:00
4&	Cross R over L (4), step L to L side (&)	9:00
5 – 6&	Turn 1/8 R rocking back on R (5), recover on L with a body sway fwd (6), recover back on R with a body sway back (&)	10:30
7 – 8&	Recover on L but turning ½ L at the same time keeping R leg straightened and back (7), step back on R (8), turn ½ L on R stepping L fwd (&)	10:30
9 – 17	Rock R fwd & side w. 1/8 R, back sweep, behind hitch, point R back, R rock, run RLR	
1&2&	Rock R fwd (1), recover on L (&), turn 1/8 R rocking R to R side (2), recover on L (&)	12:00
3 – 4	Step back on R sweeping L to L side (3), cross L behind R hitching R knee up and out R (4)	12:00
5 - 6 - 7	Turn body 1/8 R pointing R back (5), R back rock looking over R shoulder (6), recover L (7) ... <i>Styling for counts 6-7: go down on R leg leaning backwards (6), stand up on L foot (7)</i>	1:30
8&1	Run fwd R (8), run fwd L (&), run fwd R flicking L behind R knee (1) ... <i>Styling: bring both arms fwd and together over counts 8&1</i>	1:30
18 – 24	Run back LR, 1/8 L side rock, behind ¼ R X 2, L lunge, R rolling vine into R basic nc	
2&	Step back on L (2), step back on R (&)	1:30
3&	Turn 1/8 L rocking L to L side (3), recover on R (&)	12:00
4&5	Cross L behind R (4), turn ¼ R stepping R fwd (&), turn ¼ R lunging L to L side (5)	6:00
6&	Turn ¼ R stepping R fwd (6), turn ½ R stepping back on L (&)	3:00
7 – 8&	Turn ¼ R stepping R a big step to R side (7), step L behind R (8), cross R over L (&)	6:00
25 – 32	¼ R back L, back RL tog, hand, fwd R, 3/8 R, R back rock, 3/8 L, ¼ L w. sways, touch	
1 – 2&	Turn ¼ R stepping back on L sweeping R to R side (1), step back R (2), step L next to R (&)	9:00
a3	Place hand on L shoulder (a), slide R hand down L arm (3) ... <i>Styling: body opens up to L</i>	9:00
4&	Step R fwd (4), turn ¼ R stepping L to L side (&)	12:00
5 – 6&	Turn 1/8 R rocking back on R (5), recover on L (6), turn 3/8 L stepping back on R (&)	9:00
7 – 8&	Turn ¼ L stepping L to L side with body sway (7), sway body R (8), touch L next to R (&) ... <i>Styling for the & count: slightly crouch body down turning it diagonally R to prep for count 1</i>	6:00

B Part: 16 counts/1 wall. Always starts facing 12:00

1 – 8	¾ Diamond with a turning variation, sway X3	
1, 2&3	Step L to L side (1), turn 1/8 R stepping back on R (2), step back on L (&), turn 3/8 R stepping R fwd but also turning ½ R hitching L knee at the same time (3)	12:00
4&5	Step back on L (4), turn 3/8 R stepping R fwd (&), turn 1/8 R stepping L to L side (5)	6:00
6&7	Turn 1/8 R stepping back on R (6), step back on L (&), turn 1/8 R stepping R to R side swaying body R (7)	9:00
8&	Sway body L (8), sway body R (&)	9:00
9 – 16	¼ L fwd L, step turn step, step turn turn, R back rock, fwd/up on R, run LR	
1, 2&3	Turn ¼ L stepping L fwd (1), step R fwd (2), turn ½ L stepping onto L (&), step fwd on R (3)	12:00
4&5	Step fwd on L (4), turn ½ R stepping onto R (&), turn ½ R stepping back on L (5)	12:00
6&7	Rock back on R (6), recover on L (&), step R fwd rising up on ball of R hitching L (7)	12:00
8&	Step down on L (8), step fwd on R (&)	12:00
	Start again	
Ending	Start your 8 th A. Do up to counts 16& (run RL fwd), then step R fwd (1), turn ½ L staying on R turn 1/8 L stepping L to L side and place R hand on L shoulder and slide it down L arm	12:00