## **Constant Love**

## **Choreographers:**

Fred Whitehouse <a href="mailto:fwhitehouse1984@gmail.com">fwhitehouse1984@gmail.com</a>
Shane McKeever Smckeever07@hotmail.com

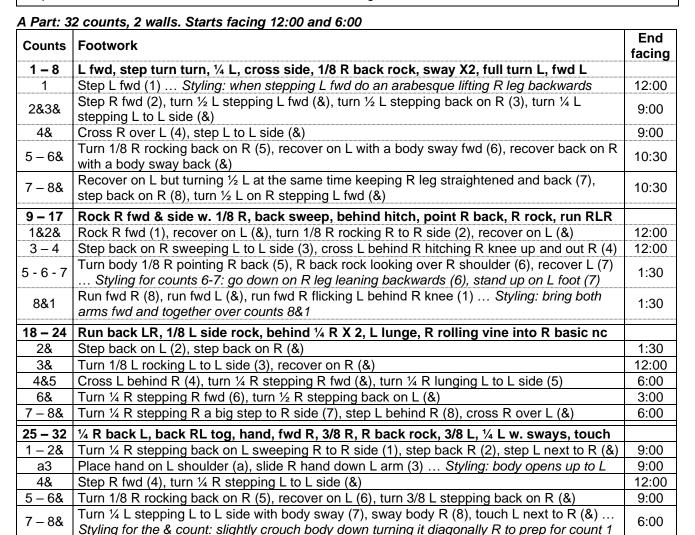
January 2025

Type of dance: 2 wall advanced AB nightclub. A: 32 counts, B: 16 counts

Music: Constant by Maverick City Music feat. Jordin Sparks etc. BPM: 64. Track length: 4.52 mins

Intro: Start after 8 counts. App. 7 sec. into track. Start with weight on R foot

Sequence: A, A, B, A, A, B, A, A, B, A, A with Ending



B Part: 16 counts/1 wall. Always starts facing 12:00

1 – 8	3/4 Diamond with a turning variation, sway X3	
1, 2&3	Step L to L side (1), turn 1/8 R stepping back on R (2), step back on L (&), turn 3/8 R stepping R fwd but also turning ½ R hitching L knee at the same time (3)	12:00
4&5	Step back on L (4), turn 3/8 R stepping R fwd (&), turn 1/8 R stepping L to L side (5)	6:00
6&7	Turn 1/8 R stepping back on R (6), step back on L (&), turn 1/8 R stepping R to R side swaying body R (7)	9:00
8&	Sway body L (8), sway body R (&)	9:00
9 – 16	1/4 L fwd L, step turn step, step turn turn, R back rock, fwd/up on R, run LR	
1, 2&3	Turn ¼ L stepping L fwd (1), step R fwd (2), turn ½ L stepping onto L (&), step fwd on R (3)	12:00
4&5	Step fwd on L (4), turn ½ R stepping onto R (&), turn ½ R stepping back on L (5)	12:00
6&7	Rock back on R (6), recover on L (&), step R fwd rising up on ball of R hitching L (7)	12:00
8&	Step down on L (8), step fwd on R (&)	12:00
	Start again	
Ending	Start your 8 <sup>th</sup> A. Do up to counts 16& (run RL fwd), then step R fwd (1), turn ½ L staying on R turn 1/8 L stepping L to L side and place R hand on L shoulder and slide it down L arm	12:00